

## CENTER DINING ROOM SERVICES

Come in for some socialization.  
Our dining room is open  
Monday through Friday  
9am to 1pm.

You can sit and enjoy a cup of  
coffee or tea and visit with others.

### CONGREGATE DINING

Hot lunch is served in  
THE DINING ROOM  
**MONDAY THRU FRIDAY**  
**11am to 12pm**

Walk ins are welcomed.  
Larger groups should RSVP  
2 weeks in advance.

If you are over 60 years old,  
the suggested donation  
per meal is \$3.00.  
Under 60 \$4.00

Contact us for more information!  
**503-722-5979**



Important

### Meals on Wheels Clients should do the following:

Please eat or refrigerate your  
meal as soon as possible.  
You can heat your meals in the  
microwave or oven as you need  
them.  
Place your frozen meals in the  
freezer.  
It is very helpful if you remember  
to call the center when you are  
not going to be home to receive  
your meal delivery.



### THE PIONEER ADULT COMMUNITY CENTER **MEALS ON WHEELS**

**503-722-5979**  
[akocher@orcacity.org](mailto:akocher@orcacity.org)

Or

**503-722-3268**  
[sryan@orcacity.org](mailto:sryan@orcacity.org)



## The Pioneer Community Center **Meals on Wheels Nutrition Program**

*Bridging The Gap to an  
Independent Lifestyle!*

### CITY OF OREGON CITY PIONEER ADULT COMMUNITY CENTER

615 Fifth Street  
Oregon City, OR  
97045

**503-722-5979**  
**Monday - Friday**

**Please allow 24hrs to respond.**



## MEALS ON WHEELS



### EASY SIGN-UP

**503-722-5979**

The Pioneer Center Meals on Wheels program provides a meal service to individuals who are over the age of 60, homebound and struggle to provide for themselves.

Clients also receive regular reassurance calls to ensure safety and added socialization.

We start the meals on wheels process with obtaining information on each client. either by phone or email.

The Pioneer Center, Meals on Wheels Program can be reached at

**503-722-5979**

[akocher@orccity.org](mailto:akocher@orccity.org)

OR

**503-722-3268**

[sryan@orccity.org](mailto:sryan@orccity.org)

### EASY SIGN-UP

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## Meals on Wheels Delivery

Our program is currently delivering to clients on Mondays, Tuesdays, Thursdays & Fridays. between **10:15 am-12:15 pm.**

**West Linn residents** will receive deliveries on Tuesdays and Thursdays only.

### FOOD SAFETY

The meals are delivered following recommended food handling safety protocol  
**You must answer your door to receive your meal or make other arrangements for delivery.**

**PLEASE NOTE:** If you DO NOT need a meal delivered, or you are in quarantine due to COVID we need to know as soon as possible! Please call to cancel the delivery, or to make other arrangements to receive your meal.

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OR

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## DONATION POLICY

Meals on Wheels is paid for with voluntary contributions.

**The suggested donation is \$3.00 per meal.**

Making your donation is easy, you can either use online payment or mail.

### On-Line :

<https://www.orcity.org/pioneer-center/supporting-senior-health-and-wellness>

### Mail to:

**Pioneer Community Center  
615 Fifth Street  
Oregon City, OR 97045**

You can also give your donation to your driver.

Please make checks payable to:  
**Pioneer Center  
Meals on Wheels**

